



Fresubin[®] 2 kcal Crème

A creamy, tasty, and spoonable alternative

High energy and high protein ready to eat supplement for the dietary management of patients with or at risk of malnutrition, in particular with increased energy and protein needs and/or fluid restriction or dysphagia

High protein content to contribute to clinical, functional and nutritional benefits¹ (20% energy per 125g cup)

A spoonable alternative to sip feeds in a variety of creamy flavours to support compliance²

IDDSI Level 4[^]
International Dysphagia Diet Standardisation Initiative

*Meets nutrient reference values required for complete nutrition³

[^]IDDSI test performed at room temperature (25 °C +/- 1 °C)

Fresubin® 2 kcal Crème

Available in **five** delicious flavours



Nutritional Information

Average content		100 g	cup = 125 g
Energy value			
		kJ (kcal)	840 (200)
			1050 (250)
Fat (35% Energy)		g	7.8
of which SFA*		g	0.55/0.67 ^a
of which MUFA**		g	5.8
of which PUFA***		g	1.4/1.32 ^a
Carbohydrate (45% Energy)		g	22.5/22.4 ^a
of which sugars		g	13.4/13.5 ^a
of which lactose		g	< 0.5
Fibre (0.3% Energy)^a		g	0/0.3 ^a
Protein (20% Energy)		g	10
Water		mL	57 ^a -58
Minerals and trace elements			
Sodium	mg	65/82 ^a	81/103 ^a
Chloride	mg	62	76
Potassium	mg	167	209
Calcium	mg	196-205 ^a	245-256 ^a
Phosphorus	mg	125	156
Magnesium	mg	16	20
Iron	mg	2.5	3.1
Zinc	mg	2.0	2.5
Copper	µg	375	469
Iodine	µg	37.6	47
Selenium	µg	14	17.5
Manganese	mg	0.5	0.6
Chromium	µg	13	16
Molybdenum	µg	18.8	23.5
Fluoride	mg	0.25	0.3
Vitamins			
Vitamin A	µg RE ^o	213	266
of which β-Carotene	µg RE ^o	62.5	78.3
Vitamin D ₃	µg	5	6.3
Vitamin E	mg α-TE ^{oo}	3.8	4.7
Vitamin K ₁	µg	21.0	26.3
Vitamin C	mg	18.8	23.5
Thiamin (vitamin B ₁)	mg	0.3	0.4
Riboflavin (vitamin B ₂)	mg	0.4	0.5
Vitamin B ₆	mg	0.4	0.5
Niacin	mg	2	2.5
Folic acid	µg	62.5	78.1
Vitamin B ₁₂	µg	0.8	0.9
Pantothenic Acid	mg	1.5	1.9
Biotin	µg	9.4	11.8

*saturated fatty acids (SFA), **monounsaturated fatty acids (MUFA), ***polyunsaturated fatty acids (PUFA)
^aChocolate flavour
^oretinol equivalents (RE), ^{oo}alpha-tocopherol equivalents (α-TE)

General Information

Food for special medical purposes:

Dessert style nutritionally complete, high-caloric (2.0 kcal/g), high protein (20% energy) thickened, fibre free oral nutritional supplement. For the dietary management of patients with or at risk of malnutrition in particular for patients with increased energy and protein needs, fluid restriction and/or dysphagia.

Dosage:

To be determined by a healthcare professional according to patients' needs. Recommendation for supplementary nutrition, 3-4 cups (750-1000 kcal) / day or complete nutrition, 7-8 cups (1750-2000 kcal) / day.

Important notes:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children <3 years. Use with caution in children <6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

Not for parenteral (I.V.) use!

Instruction for use:

Best served chilled. Stir gently before enjoying. Store at room temperature. Opened cups may be stored in a refrigerator for up to 24 hours.

Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 2 kcal Crème.

^aFlavour Chocolate contains traces of fibre from cocoa powder.

Ingredients

Fresubin 2 kcal Crème Wild Strawberry flavour: Water, sucrose, milk protein, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), maize starch, flavourings, maltodextrin, thickeners (E 1442, E 407), potassium citrate, emulsifiers (E 471, soya lecithins), beetroot powder, acidity regulator (E 501). Vit. C, sodium citrate, sodium chloride, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Allergen Information: Contains milk and soy. Low lactose and gluten free.

Halal & Kosher certified.

Product ingredients for one flavour only. Detailed ingredient lists of the other flavours can be requested from ensupport-anz@fresenius-kabi.com

Flavours

Chocolate, Wild Strawberry, Praline, Vanilla, Cappuccino.

References

1. Cawood AL, Elia M, Stratton RJ: Systematic review and meta-analysis of the effects of high-protein oral nutritional supplements. Ageing Res Rev 2012, 11: 278-296. 2. Hubbard GP et al. A systematic review of compliance to oral nutritional supplements. Clin Nutr 2012, 31: 293-312. 3. National Health and Medical Research Council: Nutrient Reference Values Australia and New Zealand. <https://www.eatforhealth.gov.au/nutrient-reference-values>. Accessed May, 2023.